

MRE STAR PRODUCT SPECIFICATION SHEET



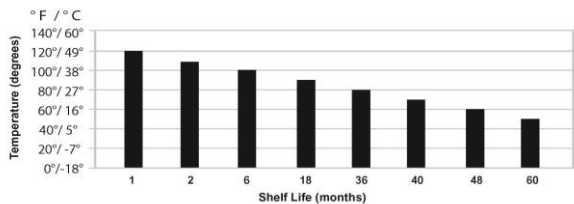
MRE COMPLETE MEAL

Product #: M-018
Category: READY TO EAT RATIONS
Net Weight: 15oz (420g)
Calories: 1,200 (Average)
Packaging: Military Spec, PE Meal Bag
Package Size: 8" x 12" x2.5"
Lot/Date Code: Julian Type 5 Digit (YYDDD)
USDA EST-2622 / P-2622
Shelf Life: 36 Months (see chart below)
Storage: <= 80°F / 28°C
Preparation: Ready to Eat
Origin: USA

DESCRIPTION:

The M-018 is a premier military spec Meal, Ready to Eat. No water is required to reconstitute the MRE meal. Each case stocks 12 hearty and delicious single complete meal kits. The M-018 does not include Ration Heater.

SHELF LIFE CHART



INDIVIDUAL MEAL KIT CONTENTS:

1 - 8 oz Entrée:
 Jambalaya, Mexican Beef, Pinto Stew, Cheese Tortellini, Beef Stew, Chicken Noodle, Chicken & Rice, Southwest Chicken, Lentil Stew, Pasta Marinara, 2 Bean Chili, Sausage and Chicken Gumbo, Red Beans and Rice with Sausage, Curry Chicken (or other).

1 - 2 oz Starch Item:
 Military Crackers (2)
 Tortillas (2)

1 - 1 oz Spread:
 Jelly
 Cheese
 Peanut Butter

1 - 2 oz Snack Item:
 Toasted Corn
 Dried Fruit Mix
 Nut and Raisin Mix
 Toffee Peanuts
 Dried Beef

1 - 2 oz Dessert Item:
 Shortbread Cookies
 Oatmeal Cookies
 High Energy Bar

1 - Isotonic Fruit Drink Mix:
 Fruit Punch, Orange, Grape, Lemonade, Pink Lemonade

1 - Accessory Pack:
 Spoon, Napkin, Salt, Pepper, Coffee, Sugar, Non-Dairy Creamer, Wet Napkin, Red Pepper Flakes, Candy, Toothpick/Brushpick

Nutrition Facts

Serving Size (grams)	15oz (420g)	
Servings Per Container	1	
Amount per Serving		
Calories	1200	
Calories from Fat	370	
%Daily Value*		
Total Fat	42 g	54 %
Saturated Fat	12 g	60 %
Trans Fat	0 g	0 %
Cholesterol	26 mg	9 %
Sodium	1515 mg	66 %
Total Carbohydrates	170 g	62 %
Dietary Fiber	8.5 g	30 %
Sugars	70 g	
Protein	27 g	54 %
Vitamin A	95 %	Vitamin C 99 %
Calcium	40 %	Iron 104 %
* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET		
	Calories	2,000 2,500
Total Fat	Less than	78g 98g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300 mg 300 mg
Sodium	Less than	2300 mg 2300 mg
Total Carbohydrates		275g 345g
Dietary Fiber		28g 35g

ALLERGENS:

MAY CONTAIN: WHEAT, SOY, MILK, EGG, PEANUTS, TREE NUTS, SULFITES

Please refer to individual item packaging for detailed allergen and nutritional information.

* Does not include Ration Heater

	Amount (g)	Calories from	% of Calories from:
Fat	42	370	31%
Carbohydrates	170	697	58%
Protein	27	111	9%

*Values Indicated above are derived from rounded figures. Sums and Values are subject to ±2%

Freight and Shipping

	Height (in)	Width (in)	Depth (in)	Cubic Feet	Cubic Meters	Gross Weight (lbs.)	Units Contained in Each
Each	12	8	2.5	0.14	0.00393	1.14	1
Case	10	12	16	1.11	0.031	15.54	12
Pallet (#s include Pallet)	65	40	48	72.22	2.05	977	Cases 60 Meal Kits 720

Capacity	Pallets	Meals	Weight
Maximum 53ft Truckload Capacity:	30	28,800	
	Cases 2,400	Weight 38,796	
Maximum Standard 20' Container Capacity:	10	9,600	
	Cases 800	Weight 12,932	
Maximum 40' High Cube Container Capacity:	20	19,200	
	Cases 1600	Weight 25,864	

Figures are based on a Trailer Capacity of 43,000 lbs.

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