



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Beef Stew** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts Allergen Declaration

Serving Size: 8.1 Ounces 227 Grams
 Servings Per Container: 1

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.

Amount Per Serving(grams) **227**

"YES" = Allergen is in the formulation
 "NO" = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.	
	Grams 100	Grams 227					
Calories	128	290	Nutrition Facts Serving Size (grams) 227 Servings Per Container 1 Amount per Serving Calories 290 Calories from Fat 100 %Daily Value* Total Fat 11 g 17 % Saturated Fat 4.5 g 23 % Trans Fat 0 g 0 % Cholesterol 55 mg 18 % Sodium 250 mg 10 % Total Carbohydrates 29 g 10 % Dietary Fiber 2 g 8 % Sugars 5 g Protein 19 g 38 % Vitamin A 80 % Vitamin C 80 % Calcium 20 % Iron 90 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g		Milk/ Dairy	NO	
Calories from Fat	44	100			Eggs	NO	
Total Fat (g)	5	11			Peanuts	NO	
Saturated Fat (g)	2	4.5			Tree Nuts	NO	
Trans Fat (g)	0	0			Fish	NO	
Cholesterol (mg)	24	55			Shellfish	NO	
Sodium (mg)	110	250			Soy	NO	
Potassium (mg)	0	0			Wheat	NO	
Total Carbohydrate (g)	13	29			Sesame	NO	
Dietary Fiber (g)	1	2			Sensitivity Ingredients		
Sugars (g)	2	5	MSG / Glutamates	NO			
Protein (g)	8	19	Sulphites	NO			
			Benzoates	NO			
Vitamin A (%)	35	80	FD&C colors	NO			
Vitamin C (%)	35	80	BHA/BHT	NO			
Calcium (%)	9	20					
Iron (%)	40	90					

Label Claims

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water, Cooked Ground Beef, Crushed Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Dehydrated Potatoes, Dehydrated Carrots, Modified Food Starch, Dehydrated Green Peas, Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide)), Tomato Paste (Tomatoes And Citric Acid), Celery Salt, Garlic Powder, Onion Powder, Thyme.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Chicken in BBQ Sauce** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts	Allergen Declaration
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Serving Size	8.1 Ounces	227 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.	
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Amount Per Serving(grams)	227	
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams 100	Grams 227				
Calories	132	300	Nutrition Facts	Milk/ Dairy	NO	
Calories from Fat	2	5		Eggs	NO	
Total Fat (g)	0	1		Peanuts	NO	
Saturated Fat (g)	0	0		Tree Nuts	NO	
Trans Fat (g)	0	0		Fish	NO	
Cholesterol (mg)	9	20		Shellfish	NO	
Sodium (mg)	581	1320		Soy	YES	Soy Protein Isolate
Potassium (mg)	0	0		Wheat	NO	
Total Carbohydrate (g)	28	63		Sesame	NO	
Dietary Fiber (g)	1	3				
Sugars (g)	14	32				
Protein (g)	5	11				
Vitamin A (%)	26	60				
Vitamin C (%)	26	60				
Calcium (%)	7	15				
Iron (%)	31	70				

* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Bbq Sauce(High Fructose Corn Syrup, Vinegar, Tomato Paste, Molasses, Water, Modified Food Starch, Salt, Contains Less Than 2% Of Natural Hickory Smoke Flavor, Mustard Flour, Dried Garlic, Spice, Dried Onions, Paprika), Water, Cooked White Chicken (White Chicken, Water, Modified Food Starch,salt,sodium Phosphate,soy Protein Isolate), Black Bean, Potatoes, Modified Food Starch.enriched Vitamin And Minerals (Dextrose,hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil,tumeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With(Magnesium Sulfate,calcium Phosphate, Scorbic Acid, Vitamin E Acetate Ferric Ortho Phosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate,copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavine,thiamine Hydrochloride, Thiamine Monoitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide)).

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Chicken Noodle Stew w/ Vegetables** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts	Allergen Declaration
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Serving Size	8.1 Ounces	227 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
Servings Per Container:	1		

Amount Per Serving(grams) 227

“YES” = Allergen is in the formulation
 “NO” = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.	
	Grams 100	Grams 227					
Calories	84	190	Nutrition Facts		Milk/ Dairy	NO	
Calories from Fat	4	10			Eggs	YES	Egg Whites
Total Fat (g)	0	1			Peanuts	NO	
Saturated Fat (g)	0	0			Tree Nuts	NO	
Trans Fat (g)	0	0			Fish	NO	
Cholesterol (mg)	9	20			Shellfish	NO	
Sodium (mg)	198	450			Soy	YES	Soy Protein
Potassium (mg)	0	0			Wheat	YES	Noodles
Total Carbohydrate (g)	12	28			Sesame	NO	
Dietary Fiber (g)	1	1.5					
Sugars (g)	1	3					
Protein (g)	5	12					
Vitamin A (%)	48	110					
Vitamin C (%)	26	60					
Calcium (%)	7	15					
Iron (%)	35	80					

Label Claims			
MSG / Glutamates	NO		
Sulphites	NO		
Benzoates	NO		
FD&C colors	NO		
BHA/BHT	NO		

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water, White Chicken (White Meat Chicken, Water, Modified Food Starch, Salt, Sodium Phosphate, Soy Protein Isolate), Spiral Noodles (Semolina(Wheat), Egg Whites, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Seasoning (Maltodextrin, Rice Starch, Dehydrated Onion, Dehydrated Garlic, Onion Powder, Spices, Tomato Powder, Carrot Powder, Natural Flavors, Canola Oil, Sugar, Dehydrated Parsley, Turmeric, Roasted Chicken Type Flavor (Salt, Roast Chicken Type Flavor {Yeast Extract, Sunflower Oil}, Corn Starch, Tapioca Maltodextrin), And Annatto Extract), Modified Food Starch, Dehydrated Carrots, Enriched Vitamin And Minerals (Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, Turmeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vi Amin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide)), Celery Salt, Salt, Onion Powder, Garlic Powder, Dried Rosemary, Dried Parsley.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy, Wheat, Eggs

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **White Chicken and Rice w/ Vegetables** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts Allergen Declaration

Serving Size: 8.1 Ounces 227 Grams
 Servings Per Container: 1
 Amount Per Serving(grams) **227**

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.

“YES” = Allergen is in the formulation

“NO” = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.	
	Grams 100	Grams 227					
Calories	97	220	Nutrition Facts Serving Size (grams) 227 Servings Per Container 1 Amount per Serving Calories 220 Calories from Fat 10 %Daily Value* Total Fat 1 g 2 % Saturated Fat 0 g 0 % Trans Fat 0 g 0 % Cholesterol 15 mg 5 % Sodium 470 mg 20 % Total Carbohydrates 41 g 14 % Dietary Fiber 2 g 8 % Sugars 3 g Protein 10 g 20 % Vitamin A 120 % Vitamin C 60 % Calcium 15 % Iron 80 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g		Milk/ Dairy	NO	
Calories from Fat	4	10			Eggs	NO	
Total Fat (g)	0	1		Peanuts	NO		
Saturated Fat (g)	0	0		Tree Nuts	NO		
Trans Fat (g)	0	0		Fish	NO		
Cholesterol (mg)	7	15		Shellfish	NO		
Sodium (mg)	207	470		Soy	YES	Soy Protein	
Potassium (mg)	0	0		Wheat	NO		
Total Carbohydrate (g)	18	41		Sesame	NO		
Dietary Fiber (g)	1	2		Sensitivity Ingredients			
Sugars (g)	1	3		MSG / Glutamates	NO		
Protein (g)	4	10		Sulphites	NO		
				Benzoates	NO		
Vitamin A (%)	53	120		FD&C colors	NO		
Vitamin C (%)	26	60		BHA/BHT	NO		
Calcium (%)	7	15		Label Claims			
Iron (%)	35	80					

INGREDIENTS: (list in descending order of predominance)			
INGREDIENTS: Water, Cooked White Chicken (White Chicken, Water, Modified Food Starch, Salt, Sodium Phosphate, Soy Protein Isolate), White Rice (Enriched W/iron, Thiamin & Folate), Crushed Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Modified Food Starch, Dehydrated Potatoes, Seasoning (Maltodextrin, Rice Starch, Dehydrated Onion, Dehydrated Garlic, Onion Powder, Spices, Tomato Powder, Carrot Powder, Natural Flavors, Canola Oil, Sugar, Dehydrated Parsley, Turmeric, Roasted Chicken Type Flavor (Salt, Roast Chicken Type Flavor {Yeast Extract, Sunflower Oil}, Corn Starch, Tapioca Maltodextrin), And Annatto Extract)), Dehydrated Carrots, Dehydrated Green Peas, Enriched With Vitamins & Minerals (Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, Turmeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Ortho Phosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavine, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide.)), Celery Salt, Salt, Onion Powder, Rosemary, Garlic Powder, Parsley.			
Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)			
Contains: Soy			
Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products			

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water, Cooked White Chicken (White Chicken, Water, Modified Food Starch, Salt, Sodium Phosphate, Soy Protein Isolate), White Rice (Enriched W/iron, Thiamin & Folate), Crushed Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Modified Food Starch, Dehydrated Potatoes, Seasoning (Maltodextrin, Rice Starch, Dehydrated Onion, Dehydrated Garlic, Onion Powder, Spices, Tomato Powder, Carrot Powder, Natural Flavors, Canola Oil, Sugar, Dehydrated Parsley, Turmeric, Roasted Chicken Type Flavor (Salt, Roast Chicken Type Flavor {Yeast Extract, Sunflower Oil}, Corn Starch, Tapioca Maltodextrin), And Annatto Extract)), Dehydrated Carrots, Dehydrated Green Peas, Enriched With Vitamins & Minerals (Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, Turmeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Ortho Phosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavine, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide.)), Celery Salt, Salt, Onion Powder, Rosemary, Garlic Powder, Parsley.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Cheese Tortellini in Marinara Sauce** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts	Allergen Declaration
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Serving Size	8.1 Ounces	227 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.	
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Amount Per Serving(grams)	227	
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Nutritional Panel	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams	Grams				
	100	227				
Nutrition Facts			Serving Size (grams) 227	Milk/ Dairy	YES	Milk
Calories	145	330	Servings Per Container 1	Eggs	YES	Whole Eggs
Calories from Fat	53	120	Amount per Serving	Peanuts	NO	
Total Fat (g)	6	13	Calories 330	Tree Nuts	NO	
Saturated Fat (g)	1	1.5	Calories from Fat 120	Fish	NO	
Trans Fat (g)	0	0	%Daily Value*	Shellfish	NO	
Cholesterol (mg)	2	4	Total Fat 13 g 20 %	Soy	YES	Soy Bean Oil
Sodium (mg)	326	740	Saturated Fat 1.5 g 8 %	Wheat	YES	Durum Flour
Potassium (mg)	0	0	Trans Fat 0 g 0 %	Sesame	NO	
Total Carbohydrate (g)	18	40	Cholesterol 4 mg 1 %	Sensitivity Ingredients		
Dietary Fiber (g)	2	4	Sodium 740 mg 31 %	MSG / Glutamates	NO	
Sugars (g)	3	7	Total Carbohydrates 40 g 13 %	Sulphites	NO	
Protein (g)	5	12	Dietary Fiber 4 g 16 %	Benzoates	NO	
			Sugars 7 g	FD&C colors	NO	
Vitamin A (%)	35	80	Protein 12 g 24 %	BHA/BHT	NO	
Vitamin C (%)	35	80	Vitamin A 80 % Vitamin C 80 %	Label Claims		
Calcium (%)	11	25	Calcium 25 % Iron 80 %			
Iron (%)	35	80	* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
			Calories 2,000 2,500			
			Total Fat Less than 65g 80g			
			Sat Fat Less than 20g 25g			
			Cholesterol Less than 300mg 300mg			
			Sodium Less than 2,400mg 2,400mg			
			Total Carb 300g 375g			
			Dietary Fiber 25g 30g			

INGREDIENTS: (list in descending order of predominance)						
INGREDIENTS: Crushed Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Cheese Tortellini(Pasta Ingredients: {Extra Fancy Durum Flour (Enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, And Folic Acid), Water, Liquid Pasteurized Whole Eggs}, Filling {Cheeses [Part Skim Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan As A Stabilizer) Whole Milk Ricotta Cheese (Whey, Whole Milk, Cream, Vinegar), Romano Cheese (Sheep's Milk, Cultures, Rennet, Salt)]. Bread Crumbs (Bleached Wheat Flour, Yeast, Sugar, Salt), Canola Oil, Salt, Water, Spices And Nutmeg), Tomato Sauce, Hydrolyzed Vegetable Protein (Soy Protein), Olive Oil, Garlic Powder, Onion Powder, Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide)), Parsley, Black Pepper, Salt, Basil						
Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)						
Contains: Soy, Wheat, Eggs and Milk						
Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products						



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Vegetarian Chili** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts Allergen Declaration

Serving Size: 8.1 Ounces 227 Grams
 Servings Per Container: 1
 Amount Per Serving(grams) **227**

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.

“YES” = Allergen is in the formulation
 “NO” = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.	
	Grams 100	Grams 227					
Calories	110	250	Nutrition Facts Serving Size (grams) 227 Servings Per Container 1 Amount per Serving Calories 250 Calories from Fat 35 %Daily Value* Total Fat 4 g 6 % Saturated Fat 0.3 g 2 % Trans Fat 0 g 0 % Cholesterol 0 mg 0 % Sodium 270 mg 11 % Total Carbohydrates 40 g 13 % Dietary Fiber 10 g 40 % Sugars 40 g Protein 14 g 28 % Vitamin A 80 % Vitamin C 70 % Calcium 25 % Iron 80 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g		Milk/ Dairy	NO	
Calories from Fat	15	35			Eggs	NO	
Total Fat (g)	2	4		Peanuts	NO		
Saturated Fat (g)	0	0.3		Tree Nuts	NO		
Trans Fat (g)	0	0		Fish	NO		
Cholesterol (mg)	0	0		Shellfish	NO		
Sodium (mg)	119	270		Soy	YES	Soy Protein	
Potassium (mg)	0	0		Wheat	NO		
Total Carbohydrate (g)	18	40		Sesame	NO		
Dietary Fiber (g)	4	10		Sensitivity Ingredients			
Sugars (g)	18	40		MSG / Glutamates	NO		
Protein (g)	6	14		Sulphites	NO		
				Benzoates	NO		
Vitamin A (%)	35	80		FD&C colors	NO		
Vitamin C (%)	31	70		BHA/BHT	NO		
Calcium (%)	11	25		Label Claims			
Iron (%)	35	80					

INGREDIENTS: (list in descending order of predominance)			
INGREDIENTS: Water, Kidney Bean, Crushed Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Vegetable Protein, Modified Food Starch, Chili Powder, Green Bell Pepper, Enriched Vitamin And Minerals (Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, turmeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With Vitamins And Minerals (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide), Dehydrated Onion, Jalapeno, Sugar, Ground Mustard, Garlic Powder, Cayenne Pepper, Cumin, Salt.			
Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)			
Contains: Soy			
Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products			

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water, Kidney Bean, Crushed Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Vegetable Protein, Modified Food Starch, Chili Powder, Green Bell Pepper, Enriched Vitamin And Minerals (Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, turmeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With Vitamins And Minerals (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide), Dehydrated Onion, Jalapeno, Sugar, Ground Mustard, Garlic Powder, Cayenne Pepper, Cumin, Salt.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Pasta in Marinara Sauce** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts Allergen Declaration

Serving Size: 8.1 Ounces 227 Grams
 Servings Per Container: 1
 Amount Per Serving(grams) **227**

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
 "YES" = Allergen is in the formulation
 "NO" = Not in product - free from allergen.

Amount Per Serving(grams) **227**

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.	
	Grams 100	Grams 227					
Calories	110	250	Nutrition Facts Serving Size (grams) 227 Servings Per Container 1 Amount per Serving Calories 250 Calories from Fat 60		Milk/ Dairy	NO	
Calories from Fat	26	60				Eggs	YES
Total Fat (g)	3	6	Total Fat	6 g	9 %		
Saturated Fat (g)	0	1	Saturated Fat	1 g	5 %		
Trans Fat (g)	0	0	Trans Fat	0 g	0 %		
Cholesterol (mg)	0	0	Cholesterol	0 mg	0 %		
Sodium (mg)	185	420	Sodium	420 mg	18 %		
Potassium (mg)	0	0	Total Carbohydrates	36 g	12 %		
Total Carbohydrate (g)	16	36	Dietary Fiber	3 g	12 %		
Dietary Fiber (g)	1	3	Sugars	5 g			
Sugars (g)	2	5	Protein	11 g	22 %		
Protein (g)	5	11	Vitamin A	70 %	Vitamin C	80 %	
			Calcium	25 %	Iron	90 %	

Vitamin A (%) 31 70
 Vitamin C (%) 35 80
 Calcium (%) 11 25
 Iron (%) 40 90

Sensitivity Ingredients
 MSG / Glutamates NO
 Sulphites NO
 Benzoates NO
 FD&C colors NO
 BHA/BHT NO

Label Claims

* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water, Crushed Tomatoes (Tomatoes, Tomato Puree, Salt, Citric Acid), Tomato Sauce, Spiral Noodles (Semolina(Wheat), Egg Whites, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboliavin, Folic Acid), Vegetable Protein, Extra Virgin Olive Oil, Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide)), Garlic Powder, Onion Powder, Fancy Dried Parsley, Salt, Pepper, Basil.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy, Wheat, Eggs

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Pinto Stew with and Ham** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts	Allergen Declaration
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Serving Size	8.1 Ounces	227 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
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Amount Per Serving(grams)			227
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams 100	Grams 227				
Calories	128	290	Nutrition Facts Serving Size (grams) 227 Servings Per Container 1 Amount per Serving Calories 290 Calories from Fat 50 %Daily Value* Total Fat 6 g 9 % Saturated Fat 0.8 g 4 % Trans Fat 0 g 0 % Cholesterol 25 mg 8 % Sodium 960 mg 40 % Total Carbohydrates 42 g 14 % Dietary Fiber 7 g 28 % Sugars 3 g Protein 15 g 30 % Vitamin A 80 % Vitamin C ## % Calcium 25 % Iron 90 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g	Milk/ Dairy	NO	
Calories from Fat	22	50		Eggs	NO	
Total Fat (g)	3	6		Peanuts	NO	
Saturated Fat (g)	0	0.8		Tree Nuts	NO	
Trans Fat (g)	0	0		Fish	NO	
Cholesterol (mg)	11	25		Shellfish	NO	
Sodium (mg)	423	960		Soy	NO	
Potassium (mg)	0	0		Wheat	NO	
Total Carbohydrate (g)	19	42		Sesame	NO	
Dietary Fiber (g)	3	7		Sensitivity Ingredients		
Sugars (g)	1	3		MSG / Glutamates	NO	
Protein (g)	7	15		Sulphites	NO	
Vitamin A (%)	35	80		Benzoates	NO	
Vitamin C (%)	53	120		FD&C colors	NO	
Calcium (%)	11	25		BHA/BHT	NO	
Iron (%)	40	90	Label Claims			

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INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water, Pinto Bean, Ham, Green Bell Pepper, Modified Food Starch, Vitamin Enriched (Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, Turmeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide)), Canola Oil, Onion Flakes, Garlic, Salt, Chili Powder, Cumin, Oregano, Black Pepper.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Lentil Stew with Potatoes and Ham** **Company:** **MRE STAR** **Date:** **3/31/2016**

Nutrition Facts	Allergen Declaration
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Serving Size	8.1 Ounces	227 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
Servings Per Container:	1		

Amount Per Serving(grams)	227	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.																																																
	Grams 100	Grams 227																																																				
Calories	128	290	<h3 style="margin: 0;">Nutrition Facts</h3> <p style="margin: 0;">Serving Size (grams) 227 Servings Per Container 1</p> <p style="margin: 0;">Amount per Serving</p> <p style="margin: 0;">Calories 290 Calories from Fat 50</p> <table style="width:100%; border-collapse: collapse;"> <tr><td colspan="2" style="text-align: center;">%Daily Value*</td></tr> <tr><td>Total Fat</td><td style="text-align: right;">5 g 8 %</td></tr> <tr><td>Saturated Fat</td><td style="text-align: right;">0.8 g 4 %</td></tr> <tr><td>Trans Fat</td><td style="text-align: right;">0 g 0 %</td></tr> <tr><td>Cholesterol</td><td style="text-align: right;">20 mg 7 %</td></tr> <tr><td>Sodium</td><td style="text-align: right;">900 mg 38 %</td></tr> <tr><td>Total Carbohydrates</td><td style="text-align: right;">46 g 15 %</td></tr> <tr><td>Dietary Fiber</td><td style="text-align: right;">9 g 36 %</td></tr> <tr><td>Sugars</td><td style="text-align: right;">4 g</td></tr> <tr><td>Protein</td><td style="text-align: right;">14 g 28 %</td></tr> </table> <p style="margin: 0;">Vitamin A 80 % Vitamin C 90 % Calcium 25 % Iron 90 %</p> <p style="margin: 0; font-size: small;">* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET</p> <table style="width:100%; border-collapse: collapse; font-size: x-small;"> <tr><td colspan="2" style="text-align: center;">Calories</td><td style="text-align: center;">2,000</td><td style="text-align: center;">2,500</td></tr> <tr><td>Total Fat</td><td>Less than</td><td style="text-align: center;">65g</td><td style="text-align: center;">80g</td></tr> <tr><td>Sat Fat</td><td>Less than</td><td style="text-align: center;">20g</td><td style="text-align: center;">25g</td></tr> <tr><td>Cholesterol</td><td>Less than</td><td style="text-align: center;">300mg</td><td style="text-align: center;">300mg</td></tr> <tr><td>Sodium</td><td>Less than</td><td style="text-align: center;">2,400mg</td><td style="text-align: center;">2,400mg</td></tr> <tr><td>Total Carb</td><td></td><td style="text-align: center;">300g</td><td style="text-align: center;">375g</td></tr> <tr><td>Dietary Fiber</td><td></td><td style="text-align: center;">25g</td><td style="text-align: center;">30g</td></tr> </table>		%Daily Value*		Total Fat	5 g 8 %	Saturated Fat	0.8 g 4 %	Trans Fat	0 g 0 %	Cholesterol	20 mg 7 %	Sodium	900 mg 38 %	Total Carbohydrates	46 g 15 %	Dietary Fiber	9 g 36 %	Sugars	4 g	Protein	14 g 28 %	Calories		2,000	2,500	Total Fat	Less than	65g	80g	Sat Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carb		300g	375g	Dietary Fiber		25g	30g		
%Daily Value*																																																						
Total Fat	5 g 8 %																																																					
Saturated Fat	0.8 g 4 %																																																					
Trans Fat	0 g 0 %																																																					
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Sugars	4 g																																																					
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Calories		2,000	2,500																																																			
Total Fat	Less than	65g	80g																																																			
Sat Fat	Less than	20g	25g																																																			
Cholesterol	Less than	300mg	300mg																																																			
Sodium	Less than	2,400mg	2,400mg																																																			
Total Carb		300g	375g																																																			
Dietary Fiber		25g	30g																																																			
Calories from Fat	22	50		Milk/ Dairy	NO																																																	
Total Fat (g)	2	5		Eggs	NO																																																	
Saturated Fat (g)	0	0.8		Peanuts	NO																																																	
Trans Fat (g)	0	0		Tree Nuts	NO																																																	
Cholesterol (mg)	9	20		Fish	NO																																																	
Sodium (mg)	396	900		Shellfish	NO																																																	
Potassium (mg)	0	0		Soy	NO																																																	
Total Carbohydrate (g)	20	46		Wheat	NO																																																	
Dietary Fiber (g)	4	9		Sesame	NO																																																	
Sugars (g)	2	4		Sensitivity Ingredients																																																		
Protein (g)	6	14		MSG / Glutamates	NO																																																	
				Sulphites	NO																																																	
				Benzoates	NO																																																	
Vitamin A (%)	35	80		FD&C colors	NO																																																	
Vitamin C (%)	40	90		BHA/BHT	NO																																																	
Calcium (%)	11	25		Label Claims																																																		
Iron (%)	40	90																																																				

INGREDIENTS: (list in descending order of predominance)			
ingredients: Water, Diced Ham, Lentils, Dehydrated Potatoes, Modified Food Starch, Dehydrated Carrots, Canola Oil, Vitamin Enriched(Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, Turmeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Orthophosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavin, Thiamine Hydrochloride, Thiamine Mononitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide)). , Onion Flakes, Garlic, Salt, Black Pepper, Cumin, Paprika.			
Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)			
Contains:			
Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products			



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Tuscan Beef** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts Allergen Declaration

Serving Size: 8.1 Ounces 227 Grams
 Servings Per Container: 1

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.

Amount Per Serving(grams) **227**

“YES” = Allergen is in the formulation
 “NO” = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.	
	Grams 100	Grams 227					
Calories	97	220	Nutrition Facts Serving Size (grams) 227 Servings Per Container 1 Amount per Serving Calories 220 Calories from Fat 60 %Daily Value* Total Fat 6 g 9 % Saturated Fat 2 g 10 % Trans Fat 0 g 0 % Cholesterol 25 mg 8 % Sodium 260 mg 11 % Total Carbohydrates 28 g 9 % Dietary Fiber 4 g 16 % Sugars 3 g Protein 13 g 26 % Vitamin A 80 % Vitamin C 80 % Calcium 20 % Iron 80 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g		Milk/ Dairy	NO	
Calories from Fat	26	60			Eggs	NO	
Total Fat (g)	3	6			Peanuts	NO	
Saturated Fat (g)	1	2			Tree Nuts	NO	
Trans Fat (g)	0	0			Fish	NO	
Cholesterol (mg)	11	25			Shellfish	NO	
Sodium (mg)	115	260			Soy	YES	Hydrolyzed Vegetable Protein
Potassium (mg)	0	0			Wheat	NO	
Total Carbohydrate (g)	12	28			Sesame	NO	
Dietary Fiber (g)	2	4			Sensitivity Ingredients		
Sugars (g)	1	3	MSG / Glutamates	NO			
Protein (g)	6	13	Sulphites	NO			
			Benzoates	NO			
Vitamin A (%)	35	80	FD&C colors	NO			
Vitamin C (%)	35	80	BHA/BHT	NO			
Calcium (%)	9	20	Label Claims				
Iron (%)	35	80					

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water, Cooked Beef(Beef,Salt), Cannellini (White) Bean, Diced Tomatoes(Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Tuscany Seasoning(Dehydrated Onion, Spices, Dehydrated Garlic, Dehydrated Sundried Tomato, Dehydrated Parsley, Dehydrated Red Bell Pepper, Salt And Canola Oil), Modified Food Starch, Lentils, Dehydrated Vegetable Blend (Carrot, Onion, Tomato, Celery, Field Run Bell Pepper, Cabbage), Hydrolyzed Vegetable Protein(Soy Protein), Vitamins & Minerals Enhanced (Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Canola Oil, Tumeric, Onion Powder, Salt, Disodium Guanylate, Disodium Inosinate, Natural Flavoring), Enriched With (Magnesium Sulfate, Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Ferric Ortho Phosphate, Biotin, Vitamin A Palmitate, Niacin, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Vitamin D3, Pyridoxine Hydrochloride, Vitamin B2 Riboflavine, Thiamine Hydrochloride, Thiamine Monoitrate, Folic Acid, Vitamin B12 Cyanocobalamin And Potassium Iodide.)), Parsley, Garlic Powder.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: SOY

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **White Rice** Company: **MRE STAR** Date: **9/6/2013**

Nutrition Facts Allergen Declaration

Serving Size: 5.4 Ounces 151 Grams
 Servings Per Container: 1.65 (250g)

Amount Per Serving(grams) **151**

"YES" = Allergen is in the formulation
 "NO" = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams 100	Grams 151				
Calories	99	150	Nutrition Facts Serving Size (grams) 151 Servings Per Container 1.65 Amount per Serving Calories 150 Calories from Fat 15 %Daily Value* Total Fat 2 g 3 % Saturated Fat 0 g 0 % Trans Fat 0 g 0 % Cholesterol 0 mg 0 % Sodium 0 mg 0 % Total Carbohydrates 29 g 10 % Dietary Fiber 1 g 4 % Sugars 0 g Protein 3 g Vitamin A 0 % Vitamin C 0 % Calcium 2 % Iron 10 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g	Milk/ Dairy	NO	
Calories from Fat	10	15		Eggs	NO	
Total Fat (g)	1	2		Peanuts	NO	
Saturated Fat (g)	0	0		Tree Nuts	NO	
Trans Fat (g)	0	0		Fish	NO	
Cholesterol (mg)	0	0		Shellfish	NO	
Sodium (mg)	0	0		Soy	NO	
Potassium (mg)	0	0		Wheat	NO	
Total Carbohydrate (g)	19	29		Sesame	NO	
Dietary Fiber (g)	1	1		Sensitivity Ingredients		
Sugars (g)	0	0		MSG / Glutamates	NO	
Protein (g)	2	3		Sulphites	NO	
Vitamin A (%)	0	0		Benzoates	NO	
Vitamin C (%)	0	0	FD&C colors	NO		
Calcium (%)	1	2	BHA/BHT	NO		
Iron (%)	7	10				

Label Claims: Net Weight is 250 grams

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: ENRICHED PARBOILED LONG GRAIN RICE (IRON, NIACIN, THIAMINE MONONITRATE, FOLIC ACID), WATER, CANOLA OIL

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **White Rice with Veggies** Company: **MRE STAR** Date: **9/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size	5.4 Ounces	150 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
Servings Per Container:	1		

Amount Per Serving(grams)	150	<p>“YES” = Allergen is in the formulation</p> <p>“NO” = Not in product - free from allergen.</p>
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.																					
	Grams	Grams																									
	100	150																									
Calories	140	210	<h3>Nutrition Facts</h3> <p>Serving Size (grams) 150</p> <p>Servings Per Container 1</p> <p>Amount per Serving</p> <p>Calories 210</p> <p>Calories from Fat 40</p> <p style="text-align: right;">%Daily Value*</p> <p>Total Fat 5 g 6.9 %</p> <p>Saturated Fat 0 g 0 %</p> <p>Trans Fat 0 g 0 %</p> <p>Cholesterol 0 mg 0 %</p> <p>Sodium 10 mg 0.4 %</p> <p>Total Carbohydrates 38 g 13 %</p> <p>Dietary Fiber 1 g 4 %</p> <p>Sugars 0 g</p> <p>Protein 4 g</p> <p>Vitamin A 15 % Vitamin C 2 %</p> <p>Calcium 2 % Iron 10 %</p> <p style="text-align: center;">* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET</p> <table border="1" style="width:100%; text-align: center;"> <tr> <td>Calories</td> <td>2,000</td> <td>2,500</td> </tr> <tr> <td>Total Fat</td> <td>Less than 65g</td> <td>80g</td> </tr> <tr> <td>Sat Fat</td> <td>Less than 20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than 300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than 2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carb</td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td>25g</td> <td>30g</td> </tr> </table>	Calories	2,000	2,500	Total Fat	Less than 65g	80g	Sat Fat	Less than 20g	25g	Cholesterol	Less than 300mg	300mg	Sodium	Less than 2,400mg	2,400mg	Total Carb	300g	375g	Dietary Fiber	25g	30g	Milk/ Dairy	NO	
Calories	2,000	2,500																									
Total Fat	Less than 65g	80g																									
Sat Fat	Less than 20g	25g																									
Cholesterol	Less than 300mg	300mg																									
Sodium	Less than 2,400mg	2,400mg																									
Total Carb	300g	375g																									
Dietary Fiber	25g	30g																									
Calories from Fat	27	40		Eggs	NO																						
Total Fat (g)	3	4.5		Peanuts	NO																						
Saturated Fat (g)	0	0		Tree Nuts	NO																						
Trans Fat (g)	0	0		Fish	NO																						
Cholesterol (mg)	0	0		Shellfish	NO																						
Sodium (mg)	7	10		Soy	NO																						
Potassium (mg)	0	0	Wheat	NO																							
Total Carbohydrate (g)	25	38	Sesame	NO																							
Dietary Fiber (g)	1	1	Sensitivity																								
Sugars (g)	0	0	MSG / Glutamates	NO																							
Protein (g)	3	4	Sulphites	NO																							
			Benzoates	NO																							
Vitamin A (%)	10	15	FD&C colors	NO																							
Vitamin C (%)	1	2	BHA/BHT	NO																							
Calcium (%)	1	2	Label Claims: Net Weight is 250 grams																								
Iron (%)	7	10																									

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: LONG GRAIN RICE (RICE, IRON PHOSPHATE, NIACIN, THIAMINE MONONITRATE), WATER, PEAS, CARROTS, CANOLA OIL.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Sugar Cookies** Company: **MRE STAR** Date: **11/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size	2.0 Ounces	56 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
Amount Per Serving(grams)	56	

	Un-rounded Values		Nutritional Panel		Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams	Grams					
	100	56	Nutrition Facts				
Calories	500	280	Serving Size (grams) 56		Milk/ Dairy	NO	
Calories from Fat	179	100	Servings Per Container 1		Eggs	NO	
Total Fat (g)	21	12	Amount per Serving		Peanuts	NO	
Saturated Fat (g)	7	4	Calories	280	Tree Nuts	NO	
Trans Fat (g)	0	0	Calories from Fat	100	Fish	NO	
Cholesterol (mg)	0	0	%Daily Value*		Shellfish	NO	
Sodium (mg)	357	200	Total Fat	12 g 18 %	Soy	YES	Soy Lecithin
Potassium (mg)	0	0	Saturated Fat	4 g 20 %	Wheat	YES	Wheat Flour
Total Carbohydrate (g)	71	40	Trans Fat	0 g 0 %	Sesame	NO	
Dietary Fiber (g)	0	0	Cholesterol	0 mg 0 %	Sensitivity Ingredients		
Sugars (g)	25	14	Sodium	200 mg 8 %	MSG / Glutamates	NO	
Protein (g)	7	4	Total Carbohydrates	40 g 13 %	Sulphites	NO	
			Dietary Fiber	0 g 0 %	Benzoates	NO	
Vitamin A (%)	0	0	Sugars	14 g	FD&C colors	NO	
Vitamin C (%)	0	0	Protein	4 g 8 %	BHA/BHT	NO	
Calcium (%)	0	0	Vitamin A	0 %	Label Claims		
Iron (%)	14	8	Vitamin C	0 %			
			Calcium	0 %			
			Iron	8 %			

* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS -Enriched Flour, Sugar, Vegetable Oil, Leavening, Artificial Flavor, Soy Lecithin.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy, Wheat

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Oatmeal Cookies** Company: **MRE STAR** Date: **3/31/2016**

Nutrition Facts Allergen Declaration

Serving Size: 2.0 Ounces 56 Grams
 Servings Per Container: 1
 Amount Per Serving(grams) **56**

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.

“YES” = Allergen is in the formulation
 “NO” = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams 100	Grams 56				
Calories	464	260	Nutrition Facts Serving Size (grams) 56 Servings Per Container 1 Amount per Serving Calories 260 Calories from Fat 100 %Daily Value* Total Fat 12 g 18 % Saturated Fat 4 g 20 % Trans Fat 0 g 0 % Cholesterol 0 mg 0 % Sodium 180 mg 8 % Total Carbohydrates 38 g 13 % Dietary Fiber 2 g 8 % Sugars 18 g Protein 4 g 8 % Vitamin A 0 % Vitamin C 0 % Calcium 0 % Iron 4 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g	Milk/ Dairy	NO	
Calories from Fat	179	100		Eggs	NO	
Total Fat (g)	21	12		Peanuts	NO	
Saturated Fat (g)	7	4		Tree Nuts	NO	
Trans Fat (g)	0	0		Fish	NO	
Cholesterol (mg)	0	0		Shellfish	NO	
Sodium (mg)	321	180		Soy	YES	Soy Lecithin
Potassium (mg)	0	0		Wheat	YES	Wheat Flour
Total Carbohydrate (g)	68	38		Sesame	NO	
Dietary Fiber (g)	4	2		Sensitivity Ingredients		
Sugars (g)	32	18		MSG / Glutamates	NO	
Protein (g)	7	4		Sulphites	NO	
Vitamin A (%)	0	0	Benzoates	NO		
Vitamin C (%)	0	0	FD&C colors	NO		
Calcium (%)	0	0	BHA/BHT	NO		
Iron (%)	7	4	Label Claims			

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: OATS, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), VEGETABLE OIL (SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS), HIGH FRUCTOSE CORN SYRUP, RAISIN PASTE, CONTAINS 2% OR LESS OF SALT, BAKING SODA, CINNAMON, SPICE, SOY LECITHIN.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy, Wheat

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **High Energy Bar** Company: **MRE STAR** Date: **11/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size	2.0 Ounces	56 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	56	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
Amount Per Serving(grams)			

	Un-rounded Values		Nutritional Panel		Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams	Grams					
	100	56	Nutrition Facts				
Calories	732	410	Serving Size (grams)	56	Milk/ Dairy	NO	
Calories from Fat	286	160	Servings Per Container	1	Eggs	NO	
Total Fat (g)	32	18	Amount per Serving		Peanuts	NO	
Saturated Fat (g)	13	7	Calories	410	Tree Nuts	NO	
Trans Fat (g)	6	3.5	Calories from Fat	160	Fish	NO	
Cholesterol (mg)	0	0	%Daily Value*		Shellfish	NO	
Sodium (mg)	27	15	Total Fat	18 g 28 %	Soy	YES	Soy Lecithin
Potassium (mg)	0	0	Saturated Fat	7 g 35 %	Wheat	YES	Wheat Flour
Total Carbohydrate (g)	95	53	Trans Fat	3.5 g 5 %	Sesame	NO	
Dietary Fiber (g)	2	1	Cholesterol	0 mg 0 %	Sensitivity Ingredients		
Sugars (g)	55	31	Sodium	15 mg 1 %	MSG / Glutamates	NO	
Protein (g)	14	8	Total Carbohydrates	53 g 18 %	Sulphites	NO	
			Dietary Fiber	1 g 4 %	Benzoates	NO	
Vitamin A (%)	11	6	Sugars	31 g	FD&C colors	NO	
Vitamin C (%)	27	15	Protein	8 g	BHA/BHT	NO	
Calcium (%)	4	2	Vitamin A 6 %	Vitamin C 15 %	Label Claims		
Iron (%)	11	6	Calcium 2 %	Iron 6 %			
* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET							
Calories 2,000 2,500							
Total Fat	Less than	65g	80g				
Sat Fat	Less than	20g	25g				
Cholesterol	Less than	300mg	300mg				
Sodium	Less than	2,400mg	2,400mg				
Total Carb		300g	375g				
Dietary Fiber		25g	30g				

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS - Sugar, enriched wheat flour, partially hydrogenated vegetable shortening (soybean & cottonseed oils), corn starch, wheat gluten, dextrose, desiccated coconut preserved with sodium metabisulfite, corn syrup, contains less than 2% of each of the following: soy lecithin, guar gum, calcium propionate preservative, citric acid, salt, ascorbic acid, ascorbyl palmitate, niacin, vitamin A palmitate, riboflavin, thiamine mononitrate.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy, Wheat

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Dry Fruit Mix** Company: **MRE STAR** Date: **9/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size(oz)	2.0 Ounces	56 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
Servings Per Container:	1		

Amount Per Serving(grams)	56	<p>“YES” = Allergen is in the formulation</p> <p>“NO” = Not in product - free from allergen.</p>
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams	Grams				
	100	56	Nutrition Facts			
Calories	536	300	Serving Size (grams) 56		Milk/ Dairy	NO
Calories from Fat	89	50	Servings Per Container 1		Eggs	NO
Total Fat (g)	4	2	Amount per Serving		Peanuts	NO
Saturated Fat (g)	4	2	Calories	300	Tree Nuts	NO
Trans Fat (g)	0	0	Calories from Fat	50	Fish	NO
Cholesterol (mg)	0	0	%Daily Value*		Shellfish	NO
Sodium (mg)	36	20	Total Fat	2 g 3 %	Soy	NO
Potassium (mg)	277	155	Saturated Fat	2 g 10 %	Wheat	NO
Total Carbohydrate (g)	89	50	Trans Fat	0 g 0 %	Sesame	NO
Dietary Fiber (g)	11	6	Cholesterol	0 mg 0 %	Sensitivity Ingredients	
Sugars (g)	89	50	Sodium	20 mg 1 %	MSG / Glutamates	NO
Protein (g)	4	2	Total Carbohydrates	50 g 17 %	Sulphites	NO
			Dietary Fiber	6 g 24 %	Benzoates	NO
Vitamin A (%)	7	4	Sugars	50 g	FD&C colors	NO
Vitamin C (%)	4	2	Protein	2 g 4 %	BHA/BHT	NO
Calcium (%)	7	4	Vitamin A	4 %	Label Claims	
Iron (%)	7	4	Calcium	4 %		
			Vitamin C	2 %		
			Iron	4 %		
			* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
			Calories	2,000 2,500		
			Total Fat	Less than 65g 80g		
			Sat Fat	Less than 20g 25g		
			Cholesterol	Less than 300mg 300mg		
			Sodium	Less than 2,400mg 2,400mg		
			Total Carb	300g 375g		
			Dietary Fiber	25g 30g		

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Banana, Papaya, Pineapple, Yellow #5 & 6, Palm Oil

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Nut and Raisin Mix** Company: **MRE STAR** Date: **9/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size(oz)	2.0 Ounces	56 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
Servings Per Container:	1		

Amount Per Serving(grams)	56	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams	Grams				
	100	56				
Calories	625	350	Nutrition Facts			
Calories from Fat	429	240				
Total Fat (g)	48	27	Serving Size (grams)	56	Milk/ Dairy	NO
Saturated Fat (g)	8	4.5	Servings Per Container	1	Eggs	NO
Trans Fat (g)	0	0	Amount per Serving		Peanuts	YES
Cholesterol (mg)	0	0	Calories	350	Tree Nuts	YES
Sodium (mg)	9	5	Calories from Fat	240	Fish	NO
Potassium (mg)	0	0	%Daily Value*		Shellfish	NO
Total Carbohydrate (g)	39	22	Total Fat	27 g 42 %	Soy	NO
Dietary Fiber (g)	7	4	Saturated Fat	4.5 g 23 %	Wheat	NO
Sugars (g)	23	13	Trans Fat	0 g 0 %	Sesame	NO
Protein (g)	21	12	Cholesterol	0 mg 0 %	Sensitivity Ingredients	
			Sodium	5 mg 0 %	MSG / Glutamates	NO
Vitamin A (%)	0	0	Total Carbohydrates	22 g 7 %	Sulphites	NO
Vitamin C (%)	0	0	Dietary Fiber	4 g 16 %	Benzoates	NO
Calcium (%)	11	6	Sugars	13 g	FD&C colors	NO
Iron (%)	14	8	Protein	12 g 24 %	BHA/BHT	NO
			Vitamin A	0 %	Label Claims 	
			Vitamin C	0 %		
			Calcium	6 %		
			Iron	8 %		
			* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
			Calories	2,000 2,500		
			Total Fat	Less than 65g 80g		
			Sat Fat	Less than 20g 25g		
			Cholesterol	Less than 300mg 300mg		
			Sodium	Less than 2,400mg 2,400mg		
			Total Carb	300g 375g		
			Dietary Fiber	25g 30g		

INGREDIENTS: (list in descending order of predominance)						
INGREDIENTS: Peanuts, Raisins, Sunflower Seeds, Almonds, Salt						

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Peanuts, Tree Nuts

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Toasted Corn (Corn Nuts)** Company: **MRE STAR** Date: **9/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size(oz)	2.0 Ounces	56 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
Servings Per Container:	1		

Amount Per Serving(grams)	56	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams 100	Grams 56				
Calories	464	260	Nutrition Facts	Milk/ Dairy	NO	
Calories from Fat	125	70		Eggs	NO	
Total Fat (g)	14	8		Peanuts	NO	
Saturated Fat (g)	2	1		Tree Nuts	NO	
Trans Fat (g)	0	0		Fish	NO	
Cholesterol (mg)	0	0		Shellfish	NO	
Sodium (mg)	571	320		Soy	NO	
Potassium (mg)	0	0		Wheat	NO	
Total Carbohydrate (g)	71	40		Sesame	NO	
Dietary Fiber (g)	4	2				
Sugars (g)	0	0				
Protein (g)	7	4				
Vitamin A (%)	0	0				
Vitamin C (%)	0	0				
Calcium (%)	0	0				
Iron (%)	7	4				
			Label Claims			
			Sensitivity Ingredients			
			MSG / Glutamates			
			Sulphites			
			Benzoates			
			FD&C colors			
			BHA/BHT			

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Corn, Corn oil, Salt, Seasoning.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Crackers** Company: **MRE STAR** Date: **3/27/2015**

Nutrition Facts	Allergen Declaration
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Serving Size	1.5 Ounces	41 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	41	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
Amount Per Serving(grams)			

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.		
	Grams	Grams						
	100	41	Nutrition Facts					
Calories	439	180	Serving Size (grams)	41	Milk/ Dairy	NO		
Calories from Fat	122	50	Servings Per Container	1	Eggs	NO		
Total Fat (g)	15	6	Amount per Serving		Peanuts	NO		
Saturated Fat (g)	7	3	Calories	180	Tree Nuts	NO		
Trans Fat (g)	0	0	Calories from Fat	50	Fish	NO		
Cholesterol (mg)	0	0	%Daily Value*		Shellfish	NO		
Sodium (mg)	305	125	Total Fat	6 g	9 %	Soy	YES	ENRICHED FLOUR
Potassium (mg)	134	55	Saturated Fat	3 g	15 %	Wheat	YES	ENRICHED FLOUR
Total Carbohydrate (g)	71	29	Trans Fat	0 g	0 %	Sesame	NO	
Dietary Fiber (g)	2	1	Cholesterol	0 mg	0 %	Sensitivity Ingredients		
Sugars (g)	0	0	Sodium	125 mg	5 %	MSG / Glutamates	NO	
Protein (g)	10	4	Total Carbohydrates	29 g	10 %	Sulphites	NO	
Vitamin A (%)	0	0	Dietary Fiber	1 g	4 %	Benzoates	NO	
Vitamin C (%)	0	0	Sugars	0 g		FD&C colors	NO	
Calcium (%)	61	25	Protein	4 g	8 %	BHA/BHT	NO	
Iron (%)	24	10	Vitamin A	0 %	Vitamin C	0 %	Label Claims	
		Calcium	25 %	Iron	10 %			
* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET								
		Calories	2,000		2,500			
Total Fat	Less than	65g		80g				
Sat Fat	Less than	20g		25g				
Cholesterol	Less than	300mg		300mg				
Sodium	Less than	2,400mg		2,400mg				
Total Carb		300g		375g				
Dietary Fiber		25g		30g				

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, CALCIUM CARBONATE, NUTRITIONAL YEAST (DRIED YEAST, THIAMINE HYDROCHLORIDE, NIACIN, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN), AMMONIUM BICARBONATE, SALT, BAKING SODA, EXTRACT OF MALTED BARLEY AND CORN.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy, Wheat

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Flour Tortillas** Company: **MRE STAR** Date: **9/6/2014**

Nutrition Facts	Allergen Declaration
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Serving Size	1.9 Ounces	52 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	52	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
Amount Per Serving(grams)			

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.		
	Grams	Grams						
	100	52	Nutrition Facts					
Calories	308	160	Serving Size (grams)		52	Milk/ Dairy	NO	
Calories from Fat	58	30	Servings Per Container		1	Eggs	NO	
Total Fat (g)	7	3.5	Amount per Serving			Peanuts	NO	
Saturated Fat (g)	3	1.5	Calories		160	Tree Nuts	NO	
Trans Fat (g)	0	0	Calories from Fat		30	Fish	NO	
Cholesterol (mg)	0	0	%Daily Value*			Shellfish	NO	
Sodium (mg)	712	370	Total Fat		4 g	Soy	YES	SOY BEAN OIL
Potassium (mg)	0	0	Saturated Fat		1.5 g	Wheat	YES	ENRICHED FLOUR
Total Carbohydrate (g)	50	26	Trans Fat		0 g	Sesame	NO	
Dietary Fiber (g)	2	1	Cholesterol		0 mg	Sensitivity Ingredients		
Sugars (g)	0	0	Sodium		370 mg	MSG / Glutamates	NO	
Protein (g)	8	4	Total Carbohydrates		26 g	Sulphites	NO	
			Dietary Fiber		1 g	Benzoates	NO	
Vitamin A (%)	0	0	Sugars		0 g	FD&C colors	NO	
Vitamin C (%)	0	0	Protein		4 g	BHA/BHT	NO	
Calcium (%)	19	10	Vitamin A		0 %	Label Claims		
Iron (%)	15	8	Vitamin C		0 %			
			Calcium		10 %			
			Iron		8 %			
* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET								
		Calories	2,000	2,500				
Total Fat	Less than	65g	80g					
Sat Fat	Less than	20g	25g					
Cholesterol	Less than	300mg	300mg					
Sodium	Less than	2,400mg	2,400mg					
Total Carb		300g	375g					
Dietary Fiber		25g	30g					

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Enriched bleached flour (Wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin and folic acid), water, vegetable shortening (partially hydrogenated soybean and cotton seed oils); contains 2% or less of the following: Salt, calcium propionate, sodium bicarbonate, fumaric acid, sorbic acid, distilled mono and diglycerides, gum blend, sugar, dough relaxer (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate).

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains: Soy, Wheat

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Drink Mix** Company: **MRE STAR** Date: **9/6/2012**

Nutrition Facts Allergen Declaration

Serving Size: 0.9 Ounces 24 Grams
 Servings Per Container: 1
 Amount Per Serving(grams) **24**

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.

"YES" = Allergen is in the formulation
 "NO" = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel		Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.																												
	Grams 100	Grams 24																																	
Calories	375	90	Nutrition Facts Serving Size (grams) 24 Servings Per Container 1 Amount per Serving Calories 90 Calories from Fat 0 %Daily Value* Total Fat 0 g 0 % Saturated Fat 0 g 0 % Trans Fat 0 g 0 % Cholesterol 0 mg 0 % Sodium 100 mg 4.2 % Total Carbohydrates 21 g 7 % Dietary Fiber 0 g 0 % Sugars 21 g Protein 0 g 0 % Vitamin A 0 % Vitamin C 100 % Calcium 0 % Iron 0 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET <table border="1"> <tr> <td></td> <td>Calories</td> <td>2,000</td> <td>2,500</td> </tr> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Sat Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carb</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </table>			Calories	2,000	2,500	Total Fat	Less than	65g	80g	Sat Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carb		300g	375g	Dietary Fiber		25g	30g	Milk/ Dairy	NO	
	Calories	2,000			2,500																														
Total Fat	Less than	65g			80g																														
Sat Fat	Less than	20g			25g																														
Cholesterol	Less than	300mg			300mg																														
Sodium	Less than	2,400mg			2,400mg																														
Total Carb		300g			375g																														
Dietary Fiber		25g			30g																														
Calories from Fat	0	0			Eggs	NO																													
Total Fat (g)	0	0			Peanuts	NO																													
Saturated Fat (g)	0	0	Tree Nuts	NO																															
Trans Fat (g)	0	0	Fish	NO																															
Cholesterol (mg)	0	0	Shellfish	NO																															
Sodium (mg)	417	100	Soy	NO																															
Potassium (mg)	0	0	Wheat	NO																															
Total Carbohydrate (g)	88	21	Sesame	NO																															
Dietary Fiber (g)	0	0	Sensitivity Ingredients																																
Sugars (g)	88	21	MSG / Glutamates	NO																															
Protein (g)	0	0	Sulphites	NO																															
			Benzoates	NO																															
Vitamin A (%)	0	0	FD&C colors	NO																															
Vitamin C (%)	417	100	BHA/BHT	NO																															
Calcium (%)	0	0	Label Claims																																
Iron (%)	0	0																																	

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Sugar, Dextrose, Citric Acid, Ascorbic Acid (Vitamin C), Natural and Artificial Flavor, Maltodextrin, Titanium Dioxide, Gum Arabic, Red 40, Red 40 Lake, Blue 1.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Fruit Jelly** Company: **MRE STAR** Date: **9/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size	1.0 Ounces	28 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	28	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
Amount Per Serving(grams)			

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams	Grams				
	100	28	Nutrition Facts			
Calories	250	70	Serving Size (grams)	Milk/ Dairy	NO	
Calories from Fat	0	0	Servings Per Container	Eggs	NO	
Total Fat (g)	0	0	Amount per Serving	Peanuts	NO	
Saturated Fat (g)	0	0	Calories	Tree Nuts	NO	
Trans Fat (g)	0	0	Calories from Fat	Fish	NO	
Cholesterol (mg)	0	0	%Daily Value*	Shellfish	NO	
Sodium (mg)	0	0	Total Fat	Soy	NO	
Potassium (mg)	0	0	Saturated Fat	Wheat	NO	
Total Carbohydrate (g)	64	18	Trans Fat	Sesame	NO	
Dietary Fiber (g)	0	0	Cholesterol	Sensitivity Ingredients		
Sugars (g)	43	12	Sodium	MSG / Glutamates	NO	
Protein (g)	0	0	Total Carbohydrates	Sulphites	NO	
			Dietary Fiber	Benzoates	NO	
Vitamin A (%)	0	0	Sugars	FD&C colors	NO	
Vitamin C (%)	0	0	Protein	BHA/BHT	NO	
Calcium (%)	0	0	Vitamin A			
Iron (%)	0	0	Vitamin C			
			Calcium			
			Iron			

* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Apple juice from concentrate, Corn syrup, High fructose corn syrup, Sugar, Dextrose, Pectin, Citric acid, Potassium Sorbate.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Chocolate Peanut Butter Spread** Company: **MRE STAR** Date: **9/6/2013**

Nutrition Facts	Allergen Declaration
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Serving Size	1.5 Ounces	43 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
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Servings Per Container:	1	43	"YES" = Allergen is in the formulation "NO" = Not in product - free from allergen.
Amount Per Serving(grams)			

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.																					
	Grams	Grams																									
	100	43																									
Calories	565	240	Nutrition Facts Serving Size (grams) 43 Servings Per Container 1 Amount per Serving Calories 240 Calories from Fat 160 %Daily Value* Total Fat 18 g 28 % Saturated Fat 4 g 20 % Trans Fat 0 g 0 % Cholesterol 0 mg 0 % Sodium 190 mg 8 % Total Carbohydrates 15 g 5 % Dietary Fiber 3 g 12 % Sugars 8 g Protein 8 g Vitamin A 50 % Vitamin C 60 % Calcium 2 % Iron 4 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET <table border="1" style="width:100%; font-size:small;"> <tr><td>Calories</td><td>2,000</td><td>2,500</td></tr> <tr><td>Total Fat</td><td>Less than 65g</td><td>80g</td></tr> <tr><td>Sat Fat</td><td>Less than 20g</td><td>25g</td></tr> <tr><td>Cholesterol</td><td>Less than 300mg</td><td>300mg</td></tr> <tr><td>Sodium</td><td>Less than 2,400mg</td><td>2,400mg</td></tr> <tr><td>Total Carb</td><td>300g</td><td>375g</td></tr> <tr><td>Dietary Fiber</td><td>25g</td><td>30g</td></tr> </table>	Calories	2,000	2,500	Total Fat	Less than 65g	80g	Sat Fat	Less than 20g	25g	Cholesterol	Less than 300mg	300mg	Sodium	Less than 2,400mg	2,400mg	Total Carb	300g	375g	Dietary Fiber	25g	30g	Milk/ Dairy	YES	Milkfat
Calories	2,000	2,500																									
Total Fat	Less than 65g	80g																									
Sat Fat	Less than 20g	25g																									
Cholesterol	Less than 300mg	300mg																									
Sodium	Less than 2,400mg	2,400mg																									
Total Carb	300g	375g																									
Dietary Fiber	25g	30g																									
Calories from Fat	376	160		Eggs	NO																						
Total Fat (g)	42	18		Peanuts	YES	Peanuts																					
Saturated Fat (g)	9	4	Tree Nuts	NO																							
Trans Fat (g)	0	0	Fish	NO																							
Cholesterol (mg)	0	0	Shellfish	NO																							
Sodium (mg)	447	190	Soy	YES	Soybean Oil																						
Potassium (mg)	0	0	Wheat	NO																							
Total Carbohydrate (g)	35	15	Sesame	NO																							
Dietary Fiber (g)	7	3	Sensitivity Ingredients																								
Sugars (g)	19	8	MSG / Glutamates	NO																							
Protein (g)	19	8	Sulphites	NO																							
			Benzoates	NO																							
Vitamin A (%)	118	50	FD&C colors	NO																							
Vitamin C (%)	141	60	BHA/BHT	NO																							
Calcium (%)	5	2	Label Claims																								
Iron (%)	9	4																									

INGREDIENTS: (list in descending order of predominance)						
INGREDIENTS: Peanut Butter [Roasted Peanuts, Sugar, Hydrogenated Vegetable Oil (Rapeseed, Cottonseed and/or Soybean Oils), Salt, Vitamin C, Vitamin A, Vitamin B6, Vitamin B1], semisweet chocolate (sugar, chocolate liquor, milkfat, cocoa butter, lecithin, vanilla), mono and diglycerides, natural and artificial vanilla, cornstarch.						
Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)						
Contains: PEANUTS, SOY, MILK						
Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products						



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Emergency Water** Company: **MRE STAR** Date: **10/30/2013**

Nutrition Facts Allergen Declaration

Serving Size(oz) 4.2 Ounces 125 ml
 Servings Per Container: 1
 Amount Per Serving (ml) 125

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
 "YES" = Allergen is in the formulation
 "NO" = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel		Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.																												
	Grams 100	Grams 125																																	
Calories	0	0	Nutrition Facts Serving Size (grams) ## Servings Per Container 1 Amount per Serving Calories 0 Calories from Fat 0 %Daily Value* Total Fat 0 g 0 % Saturated Fat 0 g 0 % Trans Fat 0 g 0 % Cholesterol 0 mg 0 % Sodium 0 mg 0 % Total Carbohydrates 0 g 0 % Dietary Fiber 0 g 0 % Sugars 0 g Protein 0 g Vitamin A 0 % Vitamin C 0 % Calcium 0 % Iron 0 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET <table border="1"> <tr> <td></td> <td>Calories</td> <td>2,000</td> <td>2,500</td> </tr> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Sat Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carb</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </table>			Calories	2,000	2,500	Total Fat	Less than	65g	80g	Sat Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carb		300g	375g	Dietary Fiber		25g	30g	Milk/ Dairy	NO	
	Calories	2,000			2,500																														
Total Fat	Less than	65g			80g																														
Sat Fat	Less than	20g			25g																														
Cholesterol	Less than	300mg			300mg																														
Sodium	Less than	2,400mg			2,400mg																														
Total Carb		300g			375g																														
Dietary Fiber		25g			30g																														
Calories from Fat	0	0			Eggs	NO																													
Total Fat (g)	0	0			Peanuts	NO																													
Saturated Fat (g)	0	0	Tree Nuts	NO																															
Trans Fat (g)	0	0	Fish	NO																															
Cholesterol (mg)	0	0	Shellfish	NO																															
Sodium (mg)	0	0	Soy	NO																															
Potassium (mg)	0	0	Wheat	NO																															
Total Carbohydrate (g)	0	0	Sesame	NO																															
Dietary Fiber (g)	0	0	Sensitivity Ingredients																																
Sugars (g)	0	0	MSG / Glutamates	NO																															
Protein (g)	0	0	Sulphites	NO																															
			Benzoates	NO																															
Vitamin A (%)	0	0	FD&C colors	NO																															
Vitamin C (%)	0	0	BHA/BHT	NO																															
Calcium (%)	0	0	Label Claims																																
Iron (%)	0	0																																	

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Water

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Apple & Cinnamon Oatmeal Mix** Company: **MRE STAR** Date: **10/30/2013**

Nutrition Facts	Allergen Declaration
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Serving Size(oz)	2.0 Ounces	56 Grams	Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.
Servings Per Container:	1		

Amount Per Serving(grams)	56	<p>“YES” = Allergen is in the formulation</p> <p>“NO” = Not in product - free from allergen.</p>
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	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams	Grams				
	100	56	Nutrition Facts			
Calories	393	220	Serving Size (grams)	56	Milk/ Dairy	NO
Calories from Fat	50	28	Servings Per Container	1	Eggs	NO
Total Fat (g)	5	3	Amount per Serving		Peanuts	NO
Saturated Fat (g)	0	0	Calories	220	Tree Nuts	NO
Trans Fat (g)	0	0	Calories from Fat	28	Fish	NO
Cholesterol (mg)	0	0	%Daily Value*		Shellfish	NO
Sodium (mg)	89	50	Total Fat	3 g 5 %	Soy	NO
Potassium (mg)	0	0	Saturated Fat	0 g 0 %	Wheat	NO
Total Carbohydrate (g)	70	39	Trans Fat	0 g 0 %	Sesame	NO
Dietary Fiber (g)	11	6	Cholesterol	0 mg 0 %	Sensitivity Ingredients	
Sugars (g)	21	12	Sodium	50 mg 2 %	MSG / Glutamates	NO
Protein (g)	11	6	Total Carbohydrates	39 g 13 %	Sulphites	NO
			Dietary Fiber	6 g 24 %	Benzoates	NO
Vitamin A (%)	0	0	Sugars	12 g	FD&C colors	NO
Vitamin C (%)	2	1	Protein	6 g	BHA/BHT	NO
Calcium (%)	5	3	Vitamin A	0 %		
Iron (%)	29	16	Vitamin C	1 %		
			Calcium	3 %		
			Iron	16 %		
			* % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET			
			Calories	2,000	2,500	
			Total Fat	Less than 65g	80g	
			Sat Fat	Less than 20g	25g	
			Cholesterol	Less than 300mg	300mg	
			Sodium	Less than 2,400mg	2,400mg	
			Total Carb		300g 375g	
			Dietary Fiber		25g 30g	

Label Claims

INGREDIENTS: (list in descending order of predominance)

INGREDIENTS: Oats, rolled, quick cooking, Apples diced sulfured. Cinnamon Flavoring.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)

Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products



Finished Product Specification Sheet

Section B - Label Information

Product Name: **Chocolate Oatmeal Mix** Company: **MRE STAR** Date: **10/30/2013**

Nutrition Facts Allergen Declaration

Serving Size(oz) 2.0 Ounces 56 Grams
 Servings Per Container: 1
 Amount Per Serving(grams) 56

Please state whether any of the listed allergens are found in the formulation as an ingredient or as a component of an ingredient, including any flavorings or spice/herb mixtures.

"YES" = Allergen is in the formulation
 "NO" = Not in product - free from allergen.

	Un-rounded Values		Nutritional Panel	Food Allergens and Food Intolerance Substances	In product Fill in "Yes", "No"	Allergen and Food Intolerance source(s): List ingredient or component of an ingredient that is source of the food allergen or the food intolerance substance.
	Grams 100	Grams 56				
Calories	420	235	Nutrition Facts Serving Size (grams) 56 Servings Per Container 1 Amount per Serving Calories 235 Calories from Fat 62 %Daily Value* Total Fat 7 g 11 % Saturated Fat 3.5 g 18 % Trans Fat 0 g 0 % Cholesterol 0 mg 0 % Sodium 3 mg 0 % Total Carbohydrates 39 g 13 % Dietary Fiber 5 g 20 % Sugars 11 g Protein 6 g Vitamin A 0 % Vitamin C 0 % Calcium 3 % Iron 16 % * % DAILY VALUES ARE BASED ON A 2000 CALORIE DIET Calories 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carb 300g 375g Dietary Fiber 25g 30g	Milk/ Dairy	NO	
Calories from Fat	111	62		Eggs	NO	
Total Fat (g)	13	7		Peanuts	NO	
Saturated Fat (g)	6	3.5		Tree Nuts	NO	
Trans Fat (g)	0	0		Fish	NO	
Cholesterol (mg)	0	0		Shellfish	NO	
Sodium (mg)	5	3		Soy	NO	
Potassium (mg)	0	0		Wheat	NO	
Total Carbohydrate (g)	70	39		Sesame	NO	
Dietary Fiber (g)	9	5		Sensitivity Ingredients		
Sugars (g)	20	11		MSG / Glutamates	NO	
Protein (g)	11	6		Sulphites	NO	
Vitamin A (%)	0	0	Benzoates	NO		
Vitamin C (%)	0	0	FD&C colors	NO		
Calcium (%)	5	3	BHA/BHT	NO		
Iron (%)	29	16	Label Claims			

INGREDIENTS: (list in descending order of predominance)
INGREDIENTS: Oats, (rolled, quick cooking,) Cocoa bits.

Allergen declaration: (List any allergen from the big 8, plus sesame-if product of Canada)
 Contains:

Manufactured in a facility that also processes: Milk, Wheat, Soy, Egg, Peanuts and Tree Nuts products